

Welcome to our autumn SSPP SEN Newsletter!

Every term, our newsletter will provide information about SEND at SS Peter and Paul Catholic Primary School.

We will also keep you updated with the Telford & Wrekin local offer and guidance.

Welcome!



Miss Louise Russell Federation SENCO As SS Peter and Paul's Special Educational Needs and Disability Coordinator (SENCO), I am here to offer support and advice regarding additional needs or SEND support for your child.

As a school, we value the engagement of our parents so please do not hesitate to get in touch if you have any questions. My contact email address is: <u>send.obs@taw.org.uk</u>

Alternatively, you may find further information about our SEND provision on the school website:

<u>www.sspeterandpaulcatholicprimary.org.uk/ho</u> <u>me/key-info/send/</u>

The New school year and SEND:

At SSPP, we are committed in recognising that all children are unique and as a community we aim to motivate, engage, inspire and celebrate our pupils' journey, efforts and achievements. Where pupils have special educational needs or disabilities, as a school, we plan provision that encourages, support and challenges pupils to raise aspirations and to play an integral part of life across the school.

'Every child has an opportunity to be an expert and master their uniqueness.'

If you would like to know more about the SEND offer at SSPP, visit the school website where you can read our <u>SEND policy</u> and <u>SEND information report.</u>

Individual Provision Maps (IPMs)

If your child has an Individual Provision Map, class teachers will be in touch to review, celebrate and set new targets for the term. 😊

Contents of this term's news:

- Welcome
- Telford and Wrekin's local offer
- Welcoming Ziggy our new school dog to our school community.
- The Dog Mentor
- Speech and Language and communication tips and support
- Mental Health Support across Telford and Wrekin for parents.

Telford and Wrekin SEND local offer

For further information about Telford and Wrekin SEND, please see the link below: <u>https://www.telfordsend.</u> org.uk/site/index.php

You can also find a copy of the Telford & Wrekin SEND parent newsletter. <u>https://www.telfordsend.o</u> <u>rg.uk/info/1/home/109/se</u> <u>nd_news</u>









Mental Health and Wellbeing @ SSPP

Welcome to Ziggy - our new School Wellbeing Dog!

As a school we value the well-being of all children and work hard to ensure that we are able to support all of our pupils to be resilient and confident young people, who are able to achieve to the best of their abilities. As part of our commitment to the children's mental health and wellbeing, we are constantly evaluating our practice and looking at further ways to support every child in school.

Over the past 12 months, we have been considering the potential impact a school dog could have on the children. We have done extensive research into the benefits a dog may bring. Research show that a school dog can increase confidence, improve attendance, reduce stress and anxiety, improve behaviour and develop responsibility and empathy in children.

From September 2022, we welcomed Ziggy our new school dog.

Ziggy is a 5-month-old black Labrador puppy who resides with his owner – Miss Russell and her family. We chose a Labrador for their excellent temperament with adults and children and their ability to be easily trained.

Since joining the family back in July, Ziggy has been on many adventures to socialise with both people and other dogs and has visited many different environments to acclimatise to different sights, sounds and smells. He has spent time over the summer holidays in school getting use to his new working environment.

Like Miss Russell, Ziggy works across Our Blessed Saints Federation and attends St. Luke's on a Monday and Tuesday and SSPP on Wednesday and Thursday. He spends time in the school office as well as having opportunities to explore the school, spend time both inside the classrooms and on the playground.

Since his training from the School Dog Mentor, Ziggy has started to visit classrooms. He has spent some time in Reception where everyone had an opportunity to stroke Ziggy and ask questions about him. He has joined Y6 for their geography lessons; visited Forest school to see Y2; joined the children on the playground at break time; met parents and children on the gate in the morning; listened to children read and worked with children 1:1.

Our Future plans for Ziggy's Wellbeing role at SSPP:

- Greeting members of our school community on the school gate.
- Attending Forest School
- Working as a reading dog for pupils across EYFS, KS1 and KS2.
- Being in the wellbeing Hub on a Thursday lunch time for pupils to visit.
- Support pupils' emotional wellbeing throughout the school day.
- Supporting socialisation of pupils' and building positive attachments.
- Helping pupil attendance.
- Teaching children 'Ziggy breathing techniques' to support emotional regulation and calm.

<u>Working with Ziggy</u>

Please complete the Parent Pay Consent form to agree for your child to interact with Ziggy during the school day.





At SSPP, we recognised that the introduction of a school dog was very important, and we placed an emphasis on ensuring that we had carefully planned and delivered training by the Dog Mentor – Jenny Duckworth.

More information about the Dog Mentor can be found at: <u>www.thedogmentor.co.uk/</u>

Jenny Duckworth - the Dog Mentor - comes from a teaching background working within Youth Centers and Pupil Referral. Jenny adopted her own dog - Jock and went onto study neurolinguistics and create a programme to suits the needs of dogs, staff, children, and parents.

Jenny has worked with over 450 schools across the country and there are currently over 220 dog mentor dogs working in school every day.

Ziggy's training took place on Monday 3rd October at St. Luke's Catholic Primary school. Miss Russell, Miss Staniforth and Miss Evans attended the training and will be Ziggy's nominated handlers.

Following the training, all classes have learnt how to be calm around Ziggy to keep everyone safe. The children have practiced their Ziggy breathing and have followed Ziggy's rules.







Ziggy's Guide to School:

Ziggy has asked all of the children to follow the Ziggy Rules to keep everyone happy and calm.

Only two people can be around me at one time otherwise I get nervous.

I like it when people stroke my back - not my head.

Remember Ziggy breathing before you come up to me so you are calm; I like walking not running to me.

Make sure that your classroom is tidy and there isn't anything on the floor which I might pick up and eat.

Eat your break and lunchtime snacks before you come and see me!

Try to be as quiet as you can so that you do not scare me.

Please do not say my name 'Ziggy'. I know this might sound strange but if everyone says my name just once a day, I will hear it nearly 200 times and I will then stop responding to my name.

If I am sleeping or lying down, remember to ask an adult if you can approach me as I might be feeling very tired and need some time to myself.



Hearing the words 'Special Educational Needs' or 'Learning difficulty' can be a worrying experience for parents especially if little is known about the different 'terminology, phrases, conditions and diagnosis that are often talked about by professionals. At SSPP, we want to help parents to make sense of the 'jargon' and give some guidance, advice and ways you can help your child at home.

Speech, Language and Communication Development for Primary school children

Speech, language and communication skills are **crucial to** young children's overall development. Being able to speak clearly and process speech sounds, to understand others, to express ideas and interact with others are fundamental building blocks for a child's development.

By the time children start school, they should be able to understand simple who, what and where questions and talk in sentences so that people can understand them. They should also enjoy playing, listening to stories, joining in with nursery rhymes and having conversations.



How can parents support speech and language at home:

- Spend time together talking be a good role model; listen to your child speak clearly and slowly
- Make time to sit down with your child to talk about their day, what they have enjoyed.
- Playing games/board games with a focus on turn taking, following rules, and discussing feelings about winning and losing.
- Spend time reading bedtime stories talking about the pictures, thoughts, and feelings about the characters, encouraging predictions.
- Talking about different environments what can you see around you; making links e.g. conkers from trees in autumn; autumn leaves - colour changing;
- Create a language-rich environment.
- Enjoy rhymes, songs together.
- Make language fun.

If you would like any further information about how to support your child's speech and language, please contact Miss Russell - the school SENCO.







Parents Opening Doors (PODS)

SEND

NEWS

PODS is a parent carer/peer led charity with staff and volunteers who have the relevant 'real life' experience to support families who have a child with a disability or additional need (aged 0 - 25 years). For further information, support and advice see: www.podstelford.org

PODS offer a range of support including:

- Befriending scheme
- Activity sessions for children with SEN needs
- Information courses for parents.
- Resources for children
- Advice about SEND, EHCP's and SEND processes.

For further details you can contact PODS on 01952 458047



APP of the term!



Moshi sleep and Meditation app for Children aged 4+

Free trial available visit: www.moshikids.com

- Call



Beam

BEAM is an emotional health and wellbeing drop in service for children and young people under 25. BEAM are made up of therapists and wellbeing volunteers who aim to give listen, give advice and support.

Day	Venue	Time
Mon/Tues	Wellington	12pm - 7pm
Saturday	Wellington	11am - 4pm

Kooth

For children and young people aged 11-24



Community sessions for SEN pupils



Sessions are on a Tuesday/Wednesday 6-7pm

For more information visit: www.airea51.co.uk Airea51 are keen to work with the community and children with SEN needs. They are offering weekly SEN sessions where lights are dimmed and music is lowered.



